

LE Spa DU V  
— VAUJANY —  
★ ★ ★ ★

pure  
ALTITUDE  
soins aux plantes de montagne



# LE Spa DU V

★ ★ ★ ★

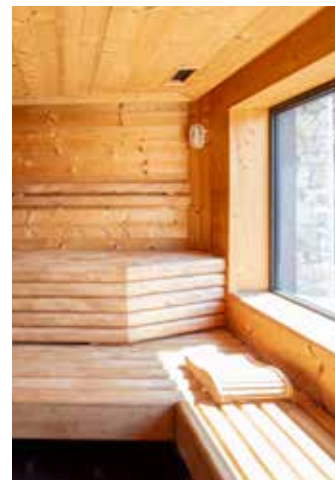
Open the doors to the Spa du V\*\*\*\* in Vaujany. Dive into a universe where beauty and wellness are key. The care rituals combine gentle gestures with the effectiveness of active ingredients for enhanced results. You feel in harmony with your environment, ready to confront any challenge that may come your way.

Built with your comfort in mind the Spa du V\*\*\*\* provides:

A Spa area with a dry sauna and a hammam, all in mosaic, to relieve stress, eliminate toxins and reduce fatigue. Prolong your interlude in our lounge area with a cup of tea or herbal tea. To top this all off there is an indoor swimming pool and a Nordic bath on the roof top.

The two cabins, for beauty treatments and massages, are a true invitation to well-being and deep relaxation. We offer a variety of personalized beauty treatments and massages: facials, body treatments, spa rituals, manicures, pedicures and waxing.

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## Pure Altitude treatments



Spa du V\*\*\*\* has chosen to work with the Pure Altitude brand: committed to both your well-being and the environment. The strength of natural ingredients gathered in the mountains and harvested in environmentally responsible farms allows you to benefit from the alpine fauna and flora: these factors were key elements in our choice to work with Pure Altitude. A concentration of efficiency straight from nature:

- Natural rare active ingredients from extreme environments possessing unique healing and regenerative virtues
- A cutting-edge formula combining technical sophistication, luscious textures and divine fragrances
- An overall concept combining nature and active ingredients with proven efficiency

The principal acting agent used in our facials and body treatments, is the Edelweiss flower. This famous white flower is a powerful, natural protector against external stress and signs of ageing in the skin, it is renowned for its capacity to increase your skin's ability to protect itself from the elements.



## Pure Altitude Body treatments



CRISTAUX DE NEIGE SCRUB ..... 25 MIN - 70 EUROS

*Making use of the benefits of crystals and minerals, the remineralising **Cristaux de Neige au Kaolin**, scrub contains the antioxidant malachite and is blended with skin-softening hazelnut oil to create a smooth, comfortable texture.*

*Fine sugar crystals remove dead skin cells, leaving the skin bright and luminous.*



BLANC COMME NEIGE BODY TREATMENT ..... 50 MIN – 120 EUROS

*An exfoliating, skin-softening Cristaux de Neige body scrub followed by a Comme la Neige cream wrap with Malachite stones and skin-softening Arctic berries. The skin is hydrated and gorgeous.*

LIFTALPES BODY TREATMENT ..... 50 MIN – 120 EUROS

*An exfoliating, skin-softening Cristaux de Neige body scrub followed by hydrating wrap with anti-ageing edelweiss and skin-softening Arctic berries.*





## Massages Pure Altitude

### CANDLE RITUAL ---

50 MINUTES ..... 120 EUROS

*A full-body massage using Fleurs de Neige scented candles, the Pure Altitude Spa's signature fragrance with notes of wild narcissus, broom and mountain aromatic herbs. An incredible repair treatment that envelops your body in a gentle heat and nourishes the skin deep down.*

## ÉNERGÉTIQUE DES ALPES RITUAL

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75 MINUTES ..... 140 EUROS

*A full-body massage using Fleurs de Neige scented candles, the Pure Altitude Spa's signature fragrance with notes of wild narcissus, broom and mountain aromatic herbs. An incredible repair treatment that envelops your body in a gentle heat and nourishes the skin deep down.*





## Pure Altitude Facials

### FROSTY FACIAL —————

25 MINUTES ..... 80 EUROS

*An ultra-effective treatment totally tailored to your skin's needs, offering deep cleansing and revealing all benefits of the Pure Altitude Products. A radiant effect and instant hydration.*

### FRESH AIR INFUSION —————

50 MINUTES ..... 120 EUROS

*A classic facial for a full cleansing and detox combined with a massage of the reflex zones to oxygenate the skin and soothe the epidermis.*

### MASCULIN PURIFICATION TREATMENT —————

50 MINUTES ..... 120 EUROS

*A purifying, hydrating treatment designed specifically for male skin. After deep cleansing, the skin feels refreshed and free of impurities.*





## SÈVE DE VIE FACIAL

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80 MINUTES ..... 140 EUROS

*This treatment brings together the benefits of the Sève de Vie skincare range and those of cryoderma. It illuminates the complexion, smoothens the skin and activates cell regeneration. The complexion becomes luminous and even again.*

## LIFTALPES TREATMENT

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80 MINUTES ..... 150 EUROS

*This massage tightens and firms the skin using a combination of pinching, palpate and roll and smoothing techniques. Facial contours are redefined and wrinkles smoother.*



## The Massages du V\*\*\*\*

THE V\*\*\*\* SIGNATURE MASSAGE —————

25 / 50 / 75 MINUTES ..... 70 / 120 / 140 EUROS

*A massage adapted to your current needs and desires. Choose between a Mountain Balm or beauty oil. Indicate which area you would like to be treated, and which softness and rhythm you prefer.*



## SPORTS MASSAGE \_\_\_\_\_

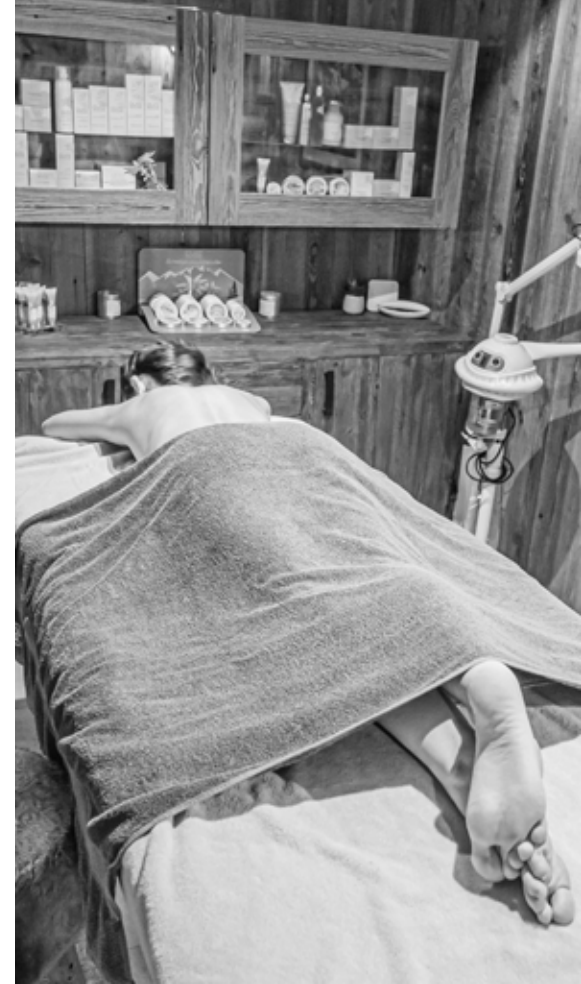
25 / 50 / 75 MINUTES ..... 70 / 120 / 140 EUROS

*Ideal after skiing, cycling or hiking in the mountains. A massage which focusses on the back and legs, combined with deep tissue massaging and stretching. This massage will stimulate the blood flow, detoxify the muscles and release muscle tension, while avoiding pains.*

## RELAXING MASSAGE \_\_\_\_\_

25 / 50 / 75 MINUTES ..... 70 / 120 / 140 EUROS

*This relaxing massage consists of gentle touches and wrapping techniques from the top of the head to the tips of the toes. Ideal for a first experience in relaxing massages.*



ENERGISING MASSAGE —————

25 / 50 / 75 MINUTES ..... 70 / 120 / 140 EUROS

*The goal of this massage is to harmonise the body and spirit all the while revitalising the body. By using tonic movements and working on acupressure points, this massage eliminates any blockages and allows the vital energy to flow freely.*

MASSAGE FOR PREGNANT LADIES —————

25 / 50 / 75 MINUTES ..... 70 / 120 / 140 EUROS

*This treatment is possible from the 4th month of pregnancy. This massage will relieve the feeling of heavy legs, a sore back and mental or physical fatigue. This treatment is completed with a soft almond oil and soft strokes*

CHILDREN'S MASSAGE —————

25 MINUTES ..... 50 EUROS

*Children younger than 13 can discover what good a massage can do. They can relax thanks to the use of slow movements and strokes with almond oil. The treatment will soothe any muscle tension, relieve stress and improve sleep.*

PARENT-CHILD DUO MASSAGE —————

25 MINUTES FOR 2 PERSONS ..... 110 EUROS

*Enjoy a calm moment with your child during a relaxing massage in a Duo cabin.*



## Les Formules Duo Le V\*\*\*\*

### RAXING DUO RITUAL

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75 MINUTES FOR 2 PERSONS ..... 350 EUROS

*Frosty Facial - 25 minutes + Signature Massage Le V\*\*\*\* - 50 minutes. Combine the benefits of a scrub, with crystals and minerals, with a personalised massage. A massage adapted to your needs and desires of the moment. Choose between a Mountain Balm or beauty oil. A hydrating body treatment and a revitalising facial.*



### DUO BEAUTY RITUAL

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75 MINUTES FOR 2 PERSONS ..... 350 EUROS

*Cristaux de neige Scrub - 25 minutes + Signature Massage Le V\*\*\*\* - 50 minutes. Combine the benefits of a scrub, with crystals and minerals, with a personalised massage. A massage adapted to your needs and desires of the moment. Choose between a Mountain Balm or a beauty oil. Your skin will be soft and smooth.*



## Beauty Essentials du V\*\*\*\*

### MANICURE AND PÉDICURE

EXPRESS MANICURE ..... 30 MN / 60 EUROS  
*Cleansing, nail filing, coticules, base coat*

HAND CARE TREATMENT ..... 50 MN / 80 EUROS  
*Cleansing, nail filing, coticules, base coat, exfoliation, massage*

FOOT CARE TREATMENT ..... 50 MN / 80 EUROS  
*Cleansing, nail filing, coticules, base coat, exfoliation, massage, softening*

CLASSIC NAIL VARNISH ..... 20MN/30 EUROS

SEMI-PERMANENT NAIL VARNISH ..... 30MN/40 EUROS

SEMI-PERMANENT NAIL VARNISH REMOVAL ..... 20MN/20 EUROS

### WAXING

LIPS ..... 15 EUROS

EYEBROWS ..... 20 EUROS

ARMPITS ..... 20 EUROS

CLASSIC BIKINI ..... 18 EUROS

SWIMSUIT WAX ..... 24 EUROS

BRASILIAN OR FULL WAX ..... 35 EUROS

CALVES ..... 24 EUROS

FULL LEGS ..... 35 EUROS

BACK OR CHEST ..... 30 EUROS

SHOULDERS ..... 15 EUROS

ARMS ..... 24 EUROS



## Additional information

### OPENING HOURS SPA

accompanied by their parents. Unlimited access is included for hotel guests. Non-residents can access the spa area for one hour when booking a 50-minute massage (except for hand and foot treatments).

### OPENING HOURS FOR SPA TREATMENTS

Every day from 10 AM to 8 PM. All our massages are beauty and wellness treatments, not therapeutic treatments. Within the time slots we count 5 minutes before and 5 minutes after the treatment to prepare the cabin.

### GENERAL TERMS AND CONDITIONS

Contact our Spa team directly, to book the treatment which suits you best. A deposit of 50% of the total cost will need to be paid upon booking. Non-residents will be asked to pay the full amount upon booking. Any cancellation or deferral of an appointment not indicated at least 24 hours in advance will entail invoicing of 50% of the treatment price. A credit card number is required to validate your booking. Any unacceptable behaviour will result in the immediate end of the treatment and a refund will not be possible.

### CHILDREN

Out of respect for their natural beauty and the sensitivity of their skin, we only offer treatments for children +16. As an exception, we suggest the duo treatment for children between 10 and 16 years old, accompanied by a parent. Please contact the reception at the Spa du V\*\*\* for more information.



## Your arrival at the SPA

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To make the most of your appointment, please arrive at the Spa du V\*\*\*\* 15 minutes ahead of time. We will ask you to fill out a health form. Please let us know if you have any health problems, allergies or injuries which may have an impact on the treatment. If you are unsure, please contact your doctor before coming to the Spa du V\*\*\*\*.

A late arrival does not mean your treatment time will be prolonged. The time will be eliminated from your treatment and will not result in a refund. Hotel guests are asked to come to the spa wearing their slippers and robe which are provided in the rooms. For non-residents, the Spa will provide a robe, towels and slippers.

## GIFT VOUCHERS

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Pure Altitude Spa Gift Certificates make the perfect treat for any occasion. Offer the treatment of your choice as a gift. The vouchers can be ordered by telephone (+334 76 80 71 00) or on the website: [www.hotel-vdevaujany.fr](http://www.hotel-vdevaujany.fr) section "Gift Vouchers". The gift cards can be sent via post or e-mail or picked up at the reception desk.

## OUR SKIN CARE RANGE

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The complete range of our Pure Altitude skincare products are available at our Spa. Also available in the online shop at : [www.pure-altitude.com](http://www.pure-altitude.com).

## EQUIPMENT AND ACCESS

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In our Spa, you will find an indoor swimming pool, a sauna, a hammam, a sensations shower, changing rooms, normal showers and secured lockers. There is no surveillance in the swimming pool area. From 5 PM, the area is reserved for adults only. Before 5 PM, children are welcome under parental supervision. Toys such as inflatable mattresses, balls etc are not allowed in the spa area. Swim wear is compulsory. In order to respect the hygiene and comfort of all of our guests, it is compulsory to have a shower before entering the swimming pool area. The Spa du V\*\*\*\* is a haven of rest, relaxation where harmony and silence need to be respected. Therefor we ask our guests not to bring phones, cameras, speakers to the spa. It is forbidden to smoke or drink alcohol in the spa. Food is not allowed. We recommend not to bring valuables to the Spa du V\*\*\*\*. The management of the hotel cannot be held responsible for any loss or theft.



## Les Instants V\*\*\*\* Enjoy a magical moment

Reserved for non-residents

### A MORNING OF WELLNESS ..... 108 EUROS / person

*Gourmet breakfast at Hôtel le V\*\*\*\*.*

*Access to the Wellness area (Indoor Swimming pool - Hammam - Sauna - Nordic Bath).*

*A 25-minute Massage of choice from our menu. 9 AM - 12 AM.*



### LUNCH AND RELAX ..... 138 EUROS / person

*Light lunch on the sunny terraces of Bistrot IDA. Access to the Wellness area (Indoor Swimming pool - Hammam - Sauna - Nordic Bath). A 25 minute Massage of choice from our menu. 1 PM until 4 PM.*



### A DAY AT THE V\*\*\*\* ..... 188 EUROS / person

*Light lunch on the sunny terraces of Bistrot IDA. Access to the Wellness area (Indoor Swimming pool - Hammam - Sauna - Nordic Bath). A 25-minute Massage of choice from our menu.*

*A Mocktail on the house. 10 AM until 4 PM.*



Follow us on Facebook and Instagram



Hôtel Le V\*\*\*\* de Vaujany - 469 Place du Rissiou - 38114 Vaujany

## RÉSERVATION

Tel : +334 76 80 71 00 - [spaduv@vdevaujany.fr](mailto:spaduv@vdevaujany.fr) - [www.hotel-vdevaujany.fr](http://www.hotel-vdevaujany.fr)